



# Food For Thought



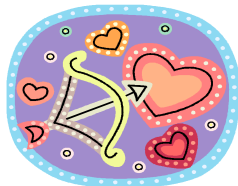
PJ Quigley's Bar & Grill

February 2009

***PJ's Is Makin' Whoopee!***

## **Valentine's Day Menu**

***Saturday, February 14<sup>th</sup> 2009***



Your romantic dinner begins with a glass of wine, followed by an appetizer for two, a selection of three mouth-watering entrees, and a decadent dessert to share!

***Special \$25.95 per person  
for Royalty Rewards Members.***

**Reservations Recommended!**

**Call Today!**

**613-820-2969**

## **Hockey Day in Canada**



**February 21st at 1pm!**

*"Best pub day of the year!" Jim N. ~  
sponsor of the PJ Cup*

- **Ball Hockey Tournament** behind PJ's all afternoon. Sign up your family, friends, neighbors or the gang at work!
- **Indoor Bubble Hockey Tournament.**
- **Pig Roast on the Patio! BBQ Pulled Pork Sandwiches & Beau's Organic Lager** tasting!

**Get in on the John Tavares  
Sweepstakes Pool!**

*www.pjquigleys.com for more!*

## **\$10 Tuesdays Pack PJ's**

**Soup or Salad. Steak, Salmon or Pasta. Dessert. Just \$10 bucks.**

We're jammed on Tuesdays after 5pm. Don't miss this "You can't cook it any cheaper" promotion!

## **1/2 PRICE WINGS RETURN MONDAY NIGHT IN FEBRUARY**

*Voted Best Wings 2008 by Wing King Jeff Brown, Lord of the Wings!*

Monday nights after 5pm, feast on our fresh, jumbo wings sauced the way you like 'em.

*Check out Ottawa's best pub food blog: <http://lordofthewings.blogspot.com/>*

**Join Our Royalty Rewards Program and Save Every Time You Dine With US!**

**PJ Quigley's Bar & Grill**

250 Greenbank Rd., Ottawa, Ontario K2H 8X4 613.820.2969

Open Daily: 11am-1am. Weekend Breakfast: 7:30am-2pm

[www.pjquigleys.com](http://www.pjquigleys.com)

# FREE Kisses In February



We are true romantics here at PJ Quigley's. If you come to visit us any time in February you will receive a kiss from your server!

**We're not kidding!**

Kisses for Mom, Kisses for Dad,  
Kisses for the Kids!  
Even an Extra Kiss for Your Valentine!

At PJ Quigley's Bar & Grill you get Great Food and  
FREE Kisses!

*Psst- don't tell anyone- YOU are our secret Valentine!*

## *It's the Thought That Counts*

*Isn't it?*

After being away on business, "Joe" thought it would be nice to bring his lovely wife home a little gift.

"How about some perfume?" he asked the cosmetics clerk. She showed him a bottle costing \$100.00.

"That's a bit much," said Joe, so she returned with a smaller bottle for \$50.00.

"That's still quite a bit," Joe complained. Growing annoyed, the clerk brought out a tiny \$15.00 bottle.

"What I mean," said Joe "is I'd like to see something really cheap."

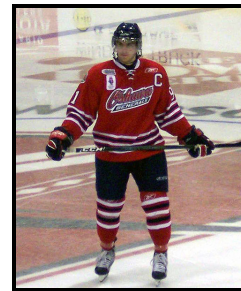
The clerk handed him a mirror.

## CAN HE SAVE THE SENS?

John Tavares is expected to be the No. 1 pick in the 2009 NHL entry draft. Tavares has already been compared to players such as Sidney Crosby, Wayne Gretzky, and Steve Yzerman.

**Leafs want him. Sens NEED him.**

Be here **Saturday February 28<sup>th</sup>**, when the Sens take on the Leafs at 7pm, and get in our best **CASH POOL** ever, **expected to grow to more than \$500.00!**



- Name: John Tavares
- Position: Center
- Shoots: Left
- Height: 6-0
- Weight: 209 lbs
- Birthdate: August 20, 1990
- Hometown: Mississauga, Ontario
- Playing In: OHL, London Knights

"My wife and I have the secret to making a marriage last. Two times a week, we go to a nice restaurant, a little wine, good food..... She goes Tuesdays, I go Fridays."

*~Henny Youngman*

## Superbowl & Wing Eating Contest Winners

Congrats "**Andrew the Kid**" winner of this year's **Wing Eating Contest** at half during Superbowl XLIII. Our buddy at the bar **Wes** is a REAL MAN, winning the **\$1000 REAL MAN** Cash Football Pool.

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## You could be the Winner of a FREE Dinner! WHERE IN THE WORLD?



The first **5** people to tell us the correct answer to what country this is in wins a **FREE** Appetizer valued to \$5.00, and if you can tell us **SPECIFICALLY WHAT** and **WHERE** this is you win a **FREE** dinner on us, valued to \$10.00!

## When Dreams Come True



A young woman awoke from a deep sleep. She told her husband, "I just dreamed you gave me a diamond necklace for Valentine's Day. What do you think it means?"

"You'll know tonight," he said.

That evening the man arrived home with a small package for his wife. She was so excited; she trembled as she unwrapped it only to find a book called *The Meaning of Dreams*.

## Conversation Starters...

- If you blink one eye you move over 200 muscles.
- There are more chickens than people in the world.
- The average person falls asleep in seven minutes.
- The characters Bert and Ernie on Sesame Street were named after Bert the cop and Ernie the taxi driver in Frank Capra's "It's a Wonderful Life."

## WOULD YOU LIVE IN A TOWN CALLED HUMPTULIPS?



What possessed anyone to come up with these daffy, delectable, or downright distinctive town names like **Black Tickle** (Newfoundland & Labrador), **Humptulips** (Washington), and **Frog Suck** (Wyoming)?

And quite frankly, who would want to admit that they hail from a pathetic place called **Podunk** in Connecticut, Missouri, New York, and Vermont? On the other hand, take a place like Quidhampton, in Wiltshire (located in the "Olde Country" of course). Sounds like a charming name, but it can be traced back to its original meaning, "home of people famous for their cattle's dung".

<http://www.sauidoo.com/>

## 4 Tips to Save Time

Need to run a tighter ship so you can have a little more leisure time? These days that's a pretty common problem and goal. People work more hours and are spread pretty thin. But don't despair! Here are a few time management tips from Worklifebalance.com's CEO Jim Bird:

1. **Use a daily planner.** Electronic or paper, it doesn't matter. Choose one that gives you at least one page per day, and then make sure you always keep it with you. Jot down your commitments as you go.
2. **Get rid of your to-do list.** Why? To-do lists often end up being frustrating and futile, something you never quite get to. Instead, take your to-do list before you toss it out and transfer the items to a particular time and day in your daily planner. You'll be amazed at how much your stress level goes down and how much you accomplish when you do this.
3. **Set aside a block of time to return phone calls and answer e-mails.** Choosing early morning to do this is often best since the other person will have the rest of the day to respond. Of course, urgent messages and phone calls should be returned in a timely manner.
4. **When talking on the phone or in face-to-face conversations, give the other person your full attention.** Don't page through your e-mail in-box or fill out your daily planner when you're talking to someone. Make sure that your communication is clear and focused, which will reduce the need for clarification and other time-wasters in the future. Don't multitask when you deal with people. It never pays off.

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# Breaking Up & Getting Back Together



So you think you want to get back with your ex, huh?

Sometimes doing what seems like the right thing, may not be! Try some reverse psychology!

## Save the Relationship Part #1

Agree with the break up! This is probably the hardest thing to do, but there's a very good reason. You need to give your ex some time to miss you again! They're probably pretty upset and angry at you right now so give them some space.

## Save the Relationship Part #2

Cut off all communication! Don't contact your ex. Just like in Part #1, it will help make your ex miss you. Use this time to heal *your* emotional state. You'll be able to think more clearly and come up with a better decision regarding your relationship.

## Save Relationship Part #3

Ok, now it's time to reconnect. Plan an event where you can get together. Don't argue about the break-up, just use the opportunity to see if there are still feelings left between you! Who doesn't tend to remember the good times over the hard times? We are, after all -just human!

*Excerpts from sheknows.com*

**"Never go to bed mad -- stay up and fight." ~Phyllis Diller**

Q. What did the elephant say to his girlfriend?

A. "I love you a ton!"

Q. What did the French Chef give his wife for Valentine's Day?

A. A hug and a quiche!

Q. What did the boy pickle say to the girl pickle on Valentine's Day?

A. You mean a great dill to me!

# St. Patrick's Day at PJ's



**Tuesday, March 17<sup>th</sup> 2009**

A full day of fun, entertainment and real Irish hospitality. Meet up with old friends, make new ones and support the *Saint Brigid's Centre for the Arts and Humanities* in the process.

**Irish Menu- Live Entertainment.**

**RESERVATIONS RECOMMENDED!**

**613-820-2969**

## Save Your Leftover Wine

Here's an easy way to add pizzazz to soups, stews, and sauces. The next time you have leftover wine, pour it into an ice cube tray and freeze it. Once the cubes are frozen, transfer them to a freezer bag until you need them. Then simply add a cube or two as you cook for a savory flavor boost.

## Loosen Up!

Avoid tight clothing in cold weather. According to the Public Safety Canada, tight garments and boots can decrease your blood flow, making it harder to keep your body warm and increasing the risk of frostbite.



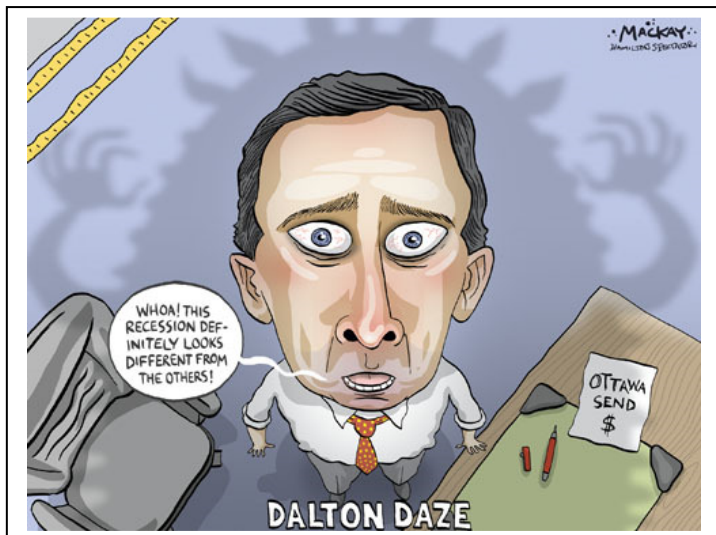
**LAST CHANCE TO BRING IN  
YOUR  
NO-PEEKING ENVELOPE!  
EXPIRES FEB. 15<sup>TH</sup>!**

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## Celebrate!

**Happy Birthday:** Susan Andrusek, Lise Braden, Ron Calof, Joan Chiarelli, Jim Davis, Harold Freeburn, Ann Gregory, Fred Light, Gwen McCauley, Mike Mclean, David Milne & Gloria Nagy, Jenn Moncrieff, Katherine Parker, Pam Ross, Katherine Solomon, James Russill, Philippa Twigg, Tanya Vergette, John Wilson, Sharon Wilson, and Liz White.

*Happy Birthday to all our Royalty Rewards members! Look for your gift from us in your mailbox!*







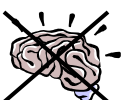
*"Whenever I date a guy, I think, is this the man that I want my children to spend their weekends with?"*

*-- Rita Rudner*

*"The trouble with some women is that they get all excited about nothing -- and then marry him."*

*-- Cher*

# February Calendar of Events ~ dinner specials after 5pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 National Cherry Pie Day 	2 Ground Hog Day 	3 <i>What Recession?</i> <b>\$10 Tuesday</b>	4 Send a Card to a Friend day 	5 <b>\$3.00 OFF</b> Fajitas	6 Beau's Lager Fish & Chip Friday	7 <b>Weekend Breakfast</b> 7:30am-2pm
8 <b>Weekend Breakfast</b> 7:30am-2pm	9 <b>1/2 PRICE WINGS</b>	10 <b>Appetizer, Dinner &amp; Dessert.</b> Just \$10.00	11 Umbrella Day 	12 <b>\$3.00 OFF</b> Fajitas	13 Beau's Lager Fish & Chip Friday	14 Valentines Day 
15 <b>Weekend Breakfast</b> 7:30am-2pm	16 <b>1/2 PRICE WINGS</b>	17 <b>Appetizer, Dinner &amp; Dessert.</b> Just \$10.00	18 National Tooth Fairy Day 	19 <b>\$3.00 OFF</b> Fajitas	20 Beau's Lager Fish & Chip Friday	21 <b>HOCKEY DAY IN CANADA</b> Ball Hockey Tournament 1pm.
22 <b>Weekend Breakfast</b> 7:30am-2pm	23 <b>1/2 PRICE WINGS</b>	24 <b>Appetizer, Dinner &amp; Dessert.</b> Just \$10.00	25 No Brainer Day 	26 <b>\$3.00 OFF</b> Fajitas	27 Beau's Lager Fish & Chip Friday	28

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# What's Inside...

**FREE Kisses!**

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**\$500 Hockey Sweepstakes Pool**

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**FREE Kisses in February**

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**Fun Facts about Valentines Day**

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**3 Ways to Save Your Relationship**

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**You Could be the Winner of a FREE Lunch or Dinner!**



[www.pjquigleys.com](http://www.pjquigleys.com)

*A guaranteed investment every time you dine.*



*Platinum Plate Award  
Winner 2007*



OTTAWA RESTAURANT AWARDS



*"Ottawa's  
Favorite Restaurant"  
Voted by YOU!"*

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